



3rd International Social Prescribing Network Conference

Social prescribing & community – beyond the pandemic

4th and 5th March 2021, Online, GMT

#SocialPrescribing2021

Please note there may be changes to the timings of the sessions

Conference schedule as of 3rd March 2021

Day 1 Thursday 4th March 2021

09:00-09:10	<ul style="list-style-type: none"> Yoga session: Heather Mason, The Minded Institute & Yoga in Healthcare Alliance
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Session 1 9:15-10:30

Conference opening: Social Prescribing in 2021

09:15-10:30	<p>Welcomes from:</p> <ul style="list-style-type: none"> Dr. Marie Polley, Co-chair Social Prescribing Network Dr. Michael Dixon, Co-chair Social Prescribing Network HRH Prince of Wales - Opening conference address James Sanderson, CEO National Academy for Social Prescribing; Director of Personalised Care NHS England & NHS Improvement Sir Sam Everington and Emma Cassells, Bromley By Bow centre – <i>“Community and social prescribing in the face of a pandemic”</i> Aimie Cole and Dr Stewart Smith, The Institute of Social Prescribing <i>“A look into the crystal ball – the future of social prescribing”</i>
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10.30-11am Refreshments, networking & visit exhibitors

Keynote & Plenary

11.00-11.40	<ul style="list-style-type: none"> Keynote Andy Burnham, Mayor of Greater Manchester <p>Co-Chairs Dr Marie Polley & Sir Sam Everington</p>
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11:40-12:00 Short break

Session 2 12:00-13:00

Concurrent sessions (running in parallel)

There are 4 sessions to choose from. All sessions will be recorded & made available after the conference.

12:00-13:00	<p>Session 1: Community matters: What does the future of social prescribing in communities look like and what is needed to get there?</p> <p>Co-Chairs - Jane Hartley and Siân Brand</p>
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	<ul style="list-style-type: none"> ● Catherine Godward and Dan Hopewell Bromley By Bow Centre, London <i>“Social Prescribing outcome measurement: Measuring what matters to communities”</i> ● Alyson McGregor Director, Altogether Better <i>“Working alongside people in communities. The future of social prescribing”</i> ● Jenny Hartnoll Frome Medical Centre <i>“Health connections Mendip”</i> ● Sarah Gorman, CEO Edberts House <i>“Social prescribing in communities”</i> ● Hannah McDonald, Partnership Development Manager, One Northern Devon Ilfracombe <i>“The evolution of social prescribing within our communities”</i>
12:00-13:00	<p>Session 2: Carers and social prescribing. This session will look at the challenges carers face and how social prescribing is responding to these needs.</p> <p>Co-Chairs - Tim Anfilogoff and Malcolm Bray</p> <ul style="list-style-type: none"> ● Carole Whittle and Michele Stokes, Carers in Hertfordshire <i>“Carers and social prescribing”</i> ● Emily Holzhausen, Carers UK <i>“Carers and social prescribing: Making a difference”</i> ● Liz Callaghan, CEO Carers Australia ● Laurie Hilsgren and Prof Matthew Parsons, Carers New Zealand ● Yessica Alvarez Public Health England <i>“Improving the health of older adults: Carers’ work”</i>
12:00-13:00	<p>Session 3: Social Prescribing for Children and Young People: Advantage Accumulates</p> <p>Co-Chairs - Paul Jarvis-Beesley and Jo Ward</p> <ul style="list-style-type: none"> ● Tiffany Ortiz and Dr Dennie Wolf, Carnegie Hall, New York <i>“Lullaby Project”</i> ● Celia Suppiah, CEO Parents 1st <i>“Early prevention peer support starting in pregnancy”</i> ● Prof Pamela Qualter, University of Manchester <i>“Social Prescribing for children and Adolescents experiencing loneliness”</i> ● Dr Marcello Bertotti, University of East London <i>“Key results from an evaluation for social prescribing for young people”</i> ● Christos Louca, Youth Social Prescribing Manager at Sheffield Futures <i>“Voices from the frontline”</i>
12:00-13:00	<p>Session 4: Housing & homeless - this session will explore how social prescribing schemes are working to prevent homelessness, and support people who need help with housing issues.</p> <p>Co-Chairs - David Cowan and Dr Nigel Hewett</p> <ul style="list-style-type: none"> ● Joe Hall and Kate Walsh, South Yorkshire Housing Association <i>“Social prescribing and housing”</i> ● Amanda Clarke, Director, Share and Care Homeshare <i>“Giving people a home through Homeshare”</i> ● Stephen Windmill, Herts Help <i>“Social prescribing and health inclusion at Meadowell clinic, Watford Health Centre”</i>

13:00-14:00 Lunch

Take a break, or eat lunch in the networking lounge whilst visiting exhibitors. Or you may want to visit the poster presentations.

Session 3 14:00-15:00**Concurrent sessions (running in parallel)****There are 4 sessions to choose from. All sessions will be recorded & made available after the conference.**

14:00-15:00	Research session 1: Community and Social Prescribing Co-Chairs - Dr Chris Dayson and Marcello Bertotti This session will showcase the latest research relating to the community and social prescribing <ul style="list-style-type: none">● Presentation 1. Dragana Vidovic et al. <i>“Can Social Prescribing Foster Individual and Community Resilience? A Systematic Review of the Evidence”</i>, UK● Presentation 2. Tempany Morgan <i>“A social Identity approach to social prescribing: Developing a community prescribing toolkit”</i>, UK● Presentation 3. Koen Bartels et al. <i>“Social Prescribing, Assets and Relationships in Communities (SPARC): Coproducing Shared Responsibilities for Wellbeing”</i>, UK● Presentation 4. Julian Elston et al. <i>“Developing a social prescribing ecosystem – evaluating implementation of social prescribing across Devon”</i>, UK● Presentation 5. Harvey Smith et al. <i>‘Exploring the Community within Social Prescribing: Investigating Deprivation in Green Health Prescription Consultations’</i>, UK
14:00-15:00	Research session 2: Covid-19 and Social Prescribing Co-Chairs - Dr Kerryn Husk and Prof Helen Chatterjee This session will focus on how social prescribing has performed during the pandemic and the impact of the pandemic on social prescribing <ul style="list-style-type: none">● Presentation 1. Rahul Mittal et al. <i>“The impact of Social Prescribing on Voluntary and Community Sector Organisations in Cornwall”</i>, UK● Presentation 2. Rania Fernandes et al. <i>“Role of Social Prescribing During the COVID-19 Pandemic, A national survey”</i>, UK● Presentation 3. Debra Westlake et al. <i>“The impact of Covid-19 on the delivery of Social Prescribing in Devon”</i>, UK● Presentation 4. Rabya Mughal et al. <i>“Community engagement during the COVID pandemic: how can community assets and social prescribing redress health inequities?”</i> UK
14:00-15:00	Research session 3: Innovations in Social Prescribing Co-Chairs - Dr Marie Polley and Siân Brand This session will showcase how social prescribing is expanding into new sectors and locations <ul style="list-style-type: none">● Presentation 1. Elizabeth Helitzer et al. <i>“Singing on social prescription in Ireland”</i>, ROI● Presentation 2. Jason Scott et al. <i>“Why always primary care? Exploring the potential for social prescribing in pre-hospital emergency and urgent care”</i>, UK● Presentation 3. Caitlin Marshall et al. <i>“A Creativity on Prescription 8-week Program for Injured Workers”</i>, Australia● Presentation 4. Smruthy Chakka et al. <i>“Introducing Social Prescribing as a compulsory part of the Imperial College School of Medicine (ICSM) Undergraduate Medical Curriculum as a part of the Lifestyle Medicine and Prevention Module”</i>, UK● Presentation 5. Andreia Costa et al. <i>“Social Prescribing: Perceptions and Awareness of Primary Health Professionals in a Tourism Region”</i>, Portugal

14:00-15:00	<p>Research session 4: Understanding key aspects of social prescribing</p> <p>This session will present findings from realist and traditional research into components of key components of social prescribing schemes</p> <p>Co-Chairs - Prof Carolyn Wallace and Dr Michelle Howarth</p> <ul style="list-style-type: none"> ● Presentation 1. Henry Aughterson <i>et al.</i> “<i>Social prescribing for individuals with mental health problems: a qualitative study of barriers and enablers experienced by general practitioners</i>”, UK ● Presentation 2. Dr Ceri Jones <i>et al.</i> “<i>RESPECT Realist Evaluation of Social Prescribing with time Credits</i>”, UK ● Presentation 3. Matthew Cooper <i>et al.</i> “<i>Identifying the active ingredients of Social Prescribing Interventions targeting mental health: A systematic review</i>”, UK ● Presentation 4. Megan Elliott <i>et al.</i> “<i>Developing a tool to measure social well-being in the context of social prescribing</i>”, UK
15:00-15:30 Refreshments, networking & visit exhibitors	
<p style="text-align: center;">15:30-17:00 Social Prescribing Network Awards</p> <p style="text-align: center;">Join us to celebrate some fantastic social prescribing projects</p>	

Day 2 Friday 5th March 2021

08:45-09:25 Connect with a cuppa - try out our networking lounge, see who is there, catch up on news with friends and your own drink

09:00-09:10	<ul style="list-style-type: none"> ● Laughter Yoga session: with Sara Kay - Serious Laughter
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<p>Session 1 9:30-10:30</p> <p>Collaborative leadership panel session</p>	
09:30-10.30	<p>Co-Chairs – Bev Taylor and Sir Sam Everington</p> <ul style="list-style-type: none"> ● Ian McCreath Policy Advisor Alzheimer’s Society ● James Sanderson, CEO, National Academy for Social Prescribing ● Nic Gitsham, Head of Social Prescribing, NHS England and NHS Improvement ● Andy Begley, Chief Executive, Shropshire Council
10:30-11:00 Refreshments, networking & visit exhibitors	
<p>Session 2 11:00-12:00</p> <p>Concurrent sessions (running in parallel)</p> <p>There are 4 sessions to choose from.</p>	
11:00-12:00	<p>Session 1: Creative Health and Wellbeing - How can the creative sector and the health sector work together in social prescribing?</p> <p>Co-Chairs - Victoria Hume (Culture, Health and Wellbeing Alliance) and Prof Helen Chatterjee (UCL)</p> <ul style="list-style-type: none"> ● Deborah Munt, Arts Derbyshire “<i>Culture in social prescribing</i>” ● Will Nicholson, Southwark Culture, Health and Wellbeing Partnership, SCHWeP, “<i>Taking a borough wide approach to cultural social prescribing</i>” ● Kiz Bangerh, Hip Hop HEALS

	<ul style="list-style-type: none"> ● Veronica Franklin-Gould, Arts4Dementia <i>“Arts for brain health: social prescribing for peri-diagnostic practice for dementia”</i> ● John McMahon Arts Council England <i>“Overview of support to practitioners”</i>
11:00-12.00	<p>Sessions 2: Social prescribing and employment - This session will highlight social prescribing schemes that are supporting people into employment, including the NEET group.</p> <p>Co-Chairs - Dr Marcello Bertotti and Tony Doherty</p> <ul style="list-style-type: none"> ● Sonia Dias, National School of Public Health, Nova University, Lisbon, Portugal <i>“Social prescribing and employment, the Portuguese context”</i> ● John Bell, Sussex Community Development Association and Curved Thinking <i>“Social prescribing and employment – lessons for Let’s get working”</i> ● Jack Packman and Jessica Bartindale, Social Enterprise Kent CIC <i>“Let’s Get Working”</i> ● Jayne Garner, Working Well, Work and Health Programme, Greater Manchester ● Dr Karen Sankey, Hillcrest Medical Centre, Wrexham <i>“Ripping up the rulebook. Reimagining homeless services”</i>
11:00-12.00	<p>Session 3: Social prescribing in a digital world. This session will show how social prescribing is making use of digital solutions, the issues this creates, and solutions being generated</p> <p>Co-Chairs - David Robinson and Sir Muir Gray</p> <ul style="list-style-type: none"> ● Sir Muir Gray, Chair of NHS Health and Social Care Digital Service <i>“Live longer better”</i> ● Rachel Hatfield, Ann Hughes, and Alex Rowley, National Programme manager - GPN and clinician action learning sets <i>“Digital technologies in health and social care”</i> ● John McGuinness and Anant Jani, University of Oxford <i>“How can the social prescribing observatory help us understand who is using social prescribing in England?”</i> ● Rachel Bennett, Suffolk Artlink <i>“Brave Art”</i>
11:00-12.00	<p>Session 4: Seed and community. This session will look at the role of the natural environment in social prescribing</p> <p>Co-Chairs - Dr Richard Kimberlee and Dr Michelle Howarth</p> <ul style="list-style-type: none"> ● Jules Ford, Senior Social Prescribing Lead, NHS England & NHS Improvement <i>“Overview of the new Green Social Prescribing – a partnership programme”</i> ● Prof Jules Pretty - University of Essex ● Prof Jill Litt, University of Colorado ● Prof Alistair Griffiths, Royal Horticultural Society <i>“The Well Gardened Mind, Body & Soul”</i>
12:15-12:45 Virtual tours	

12:15-12:45	<p>In this session we will premier some videos of three involved in Social Prescribing in Greater Manchester (since we can't physically visit sites!). It will be followed by a Q&A</p> <p>Session Host: Sophie Glinka, Greater Manchester Health & Social Care Partnership</p> <ul style="list-style-type: none"> ● Manchester Be Well ● Salford Wellbeing Matters ● Stockport Viaduct Care
<p>12:45-13:45 Lunch</p> <p>Take a break or eat lunch in the networking lounge whilst visiting exhibitors. Or you may want to visit the poster presentations</p>	
<p>Session 3 13:45-16:00</p> <p>Keynote & plenary</p>	
13:45-14.20	<ul style="list-style-type: none"> ● Plenary Keynote Dr Kate Mulligan Assistant Professor, Dalla Lana School of Public Health, University of Toronto. Winner of the Best International Social Prescribing Scheme 2019. <i>"Power in Community: local leadership and social prescribing in Canada's syndemic year"</i>
<p>14.20-14:30 Short break</p>	
14.30-15.45	<p>Plenary: Sustaining and growing the International Social Prescribing movement. This session will see how the international social prescribing movement is developing and look ahead to the role of social prescribing in the future.</p> <p>Co-Chairs - Alyson McGregor and Marty Crapper</p> <ul style="list-style-type: none"> ● Presentation 1. Dr Sarah Robens and Dr Bogdan Chiva-Giurca <i>"What does a future enhanced model of Social Prescription look like?"</i> UK ● Presentation 2. Dan Morse <i>"Getting started in the United States"</i> USA ● Presentation 3. Orla Walsh and Dr. David Robinson <i>"Taking Social Prescribing forward in the Republic of Ireland"</i> ROI ● Presentation 4. Dr Cristiano Figueiredo <i>"The Development of Social Prescribing in Portugal"</i> Portugal ● Presentation 5. Yi Wen Shao et al. <i>"Social Prescribing for healthy ageing. Experiences from the Western Pacific region"</i> World Health Organisation ● Presentation 6. Sir Tim Smit, Co-Founder of the Eden Project <i>Social Prescription – bringing care, compassion and hope to the world"</i> UK
15.45-15:55	<ul style="list-style-type: none"> ● Interactive session for delegates, <i>"The Lullaby Project"</i>, led Dr Dennie Wolf, Carnegie Hall, New York
15:55-16:00	<p>Conference summing up and close</p> <ul style="list-style-type: none"> ● Dr. Marie Polley, Co-chair Social Prescribing Network ● Dr. Michael Dixon, Co-chair Social Prescribing Network
<p>16:00-17:00</p> <p>Attendees can use the networking lounge or visit exhibitors.</p>	
<p>17:00 Official close</p>	

With thanks to our conference supporters: College of Medicine, Share and Care Homeshare, NHS England & NHS Improvement, National Academy for Social Prescribing, Arts Council England, Chamberlain Dunn and University of Salford



and exhibitors Social Prescribing Youth Network, Barnardo's, Meaningful Measures, SEG Awards, Unforgettable Experience, R-Outcomes, Parents 1st and Altogether Better

