



# 3rd International Social Prescribing Network Conference

*Social prescribing & community – beyond the pandemic*

4<sup>th</sup> and 5<sup>th</sup> March 2021,

Online, GMT

**Please note there may be changes to the timings of the sessions. Conference schedule as of 2<sup>nd</sup> February 2021**

Day 1 Thursday 4 <sup>th</sup> March 2021	
Session 1 9:30-10:30	
Conference opening & keynote speech	
09:15-10:00	<p>Welcomes from:</p> <p>Dr. Marie Polley, Co-chair Social Prescribing Network</p> <p>Dr. Michael Dixon, Co-chair Social Prescribing Network</p> <p>Opening conference address - HRH Prince of Wales</p> <p>James Sanderson, CEO National Academy for Social Prescribing; Director of Personalised Care NHS England &amp; NHS Improvement</p>
10:00-10:15	Sir Sam Everington Bromley By Bow centre – <i>“Community and social prescribing in the face of a pandemic”</i>
10:15-30	Dr Stewart Smith and Dr Aimie Cole, The Institute of Social Prescribing <i>“New developments in social prescribing”</i>
10.30-11am Refreshments, networking & visit exhibitors	
11.00-11.40	Keynote Andy Burnham, Mayor of Greater Manchester
11:40-12:00	Short break
Session 2 12:00-13:00	
Concurrent sessions (running in parallel)	
There are 4 sessions to choose from. All sessions will be recorded & made available after the conference.	
12:00-13:00	<p><b>Session 1: Community matters: What does the future of social prescribing in communities look like and what is needed to get there?</b></p> <p><b>Co-Chairs - Jane Hartley and Siân Brand</b></p> <p>Catherine Godward- Bromley By Bow Centre, London</p> <p>Alyson McGregor- Director, Altogether Better</p> <p>Jenny Hartnoll – Frome Medical Centre</p> <p>Sarah Gorman, CEO Edberts House</p> <p>Hannah McDonald, Partnership Development Manager, One Northern Devon Ilfracombe</p>

12:00-13:00	<p><b>Session 2: Carers and social prescribing. This session will look at the challenges carers face and how social prescribing is responding to these needs.</b></p> <p><b>Co-Chairs - Tim Anfilogoff and Malcolm Bray</b></p> <p>Carole Whittle and Michele Stokes, Carers in Hertfordshire</p> <p>Emily Holzhausen, Carers UK</p> <p>Liz Callaghan, CEO Carers Australia</p> <p>Laurie Hilsgren, Carers New Zealand</p> <p>Yessica Alvarez – Public Health England</p>
12:00-13:00	<p><b>Session 3: Advantage Accumulates: Social prescribing for children and young people - what does this look like?</b></p> <p><b>Co-Chairs - Paul Jarvis-Beesley and Jo Ward</b></p> <p>Tiffany Ortiz and Dr Dennie Wolf, Carnegie Hall, New York</p> <p>Celia Suppiah, CEO Parents 1st</p> <p>Prof Pamela Qualter, University of Manchester</p> <p>Dr Marcello Bertotti, University of East London</p> <p>Christos Louca, Youth Social Prescribing Manager at Sheffield Futures</p>
12:00-13:00	<p><b>Session 4: Housing &amp; homeless - this session will explore how social prescribing schemes are working to prevent homelessness, and support people who need help with housing issues.</b></p> <p><b>Co-Chairs - David Cowan and Dr Nigel Hewett</b></p> <p>Joe Hall and Kate Walsh, South Yorkshire Housing Association</p> <p>Amanda Clarke, Director, Share and Care Homeshare</p> <p>Stephen Windmill, Herts Help</p> <p>Bruce Poole, Salford Wellbeing Matters</p>
<p><b>13:00-14:00 Lunch, networking, visit exhibitors &amp; poster presentations</b></p>	
<p><b>Session 3 14:00-15:00</b></p> <p><b>Concurrent sessions (running in parallel)</b></p> <p><b>There are 4 sessions to choose from. All sessions will be recorded &amp; made available after the conference.</b></p>	
14:00-15:00	<p><b>Research session 1: Community and Social Prescribing</b></p> <p><b>Co-Chairs - Dr Chris Dayson and Marcello Bertotti</b></p> <p>This session will showcase the latest research relating to the community and social prescribing</p> <p><b>Presentation 1. Dragana Vidovic <i>et al.</i> Can Social Prescribing Foster Individual and Community Resilience? A Systematic Review of the Evidence, UK</b></p> <p><b>Presentation 2. Tempany Morgan A social Identity approach to social prescribing: Developing a community prescribing toolkit, UK</b></p> <p><b>Presentation 3. Koen Bartels <i>et al.</i> Social Prescribing, Assets and Relationships in Communities (SPARC): Coproducing Shared Responsibilities for Wellbeing, UK</b></p> <p><b>Presentation 4. Julian Elston <i>et al.</i> Developing a social prescribing ecosystem – evaluating implementation of social prescribing across Devon, UK</b></p> <p><b>Presentation 5. Harvey Smith <i>et al.</i> Title tbc, UK</b></p>

14:00-15:00	<p><b>Research session 2: Covid-19 and Social Prescribing</b>  <b>Co-Chairs - Dr Kerry Husk and Prof Helen Chatterjee</b>  This session will focus on how social prescribing has performed during the pandemic and the impact of the pandemic on social prescribing</p> <p><b>Presentation 1. Rahul Mittal <i>et al.</i></b> <i>The impact of Social Prescribing on Voluntary and Community Sector Organisations in Cornwall, UK</i>  <b>Presentation 2. Rania Fernandes <i>et al.</i></b> <i>Role of Social Prescribing During the COVID-19 Pandemic, UK</i>  <b>Presentation 3. Debra Westlake <i>et al.</i></b> <i>The impact of Covid-19 on the delivery of Social Prescribing in Devo, UK</i>  <b>Presentation 4. Helen Chatterjee <i>et al.</i></b> <i>Community engagement during the COVID pandemic: how can community assets and social prescribing redress health inequities? UK</i></p>
14:00-15:00	<p><b>Research session 3: Innovations in Social Prescribing</b>  <b>Co-Chairs - Dr Marie Polley and Siân Brand</b>  This session will showcase how social prescribing is expanding into new sectors and locations</p> <p><b>Presentation 1. Elizabeth Helitzer <i>et al.</i></b> <i>Singing on social prescription in Ireland, ROI</i>  <b>Presentation 2. Jason Scott <i>et al.</i></b> <i>Why always primary care? Exploring the potential for social prescribing in pre-hospital emergency and urgent care, UK</i>  <b>Presentation 3. Caitlin Marshall <i>et al.</i></b> <i>A Creativity on Prescription 8-week Program for Injured Workers, Australia</i>  <b>Presentation 4. Smruthy Chakka <i>et al.</i></b> <i>Introducing Social Prescribing as a compulsory part of the Imperial College School of Medicine (ICSM) Undergraduate Medical Curriculum as a part of the Lifestyle Medicine and Prevention Module, UK</i>  <b>Presentation 5. Andreia Costa <i>et al.</i></b> <i>Social Prescribing: Perceptions and Awareness of Primary Health Professionals in a Tourism Region, Portugal</i></p>
14:00-15:00	<p><b>Research session 4: Understanding key aspects of social prescribing</b>  This session will present findings from realist and traditional research into components of key components of social prescribing schemes  <b>Co-Chairs - Prof Carolyn Wallace and Dr Michelle Howarth</b></p> <p><b>Presentation 1. Henry Aughterson <i>et al.</i></b> <i>Social prescribing for individuals with mental health problems: a qualitative study of barriers and enablers experienced by general practitioners, UK</i>  <b>Presentation 2. Dr Ceri Jones <i>et al.</i></b> <i>RESPECT Realist Evaluation of Social Prescribing with time Credits, UK</i>  <b>Presentation 3. Matthew Cooper <i>et al.</i></b> <i>Identifying the active ingredients of Social Prescribing Interventions targeting mental health: A systematic review UK</i>  <b>Presentation 4. Megan Elliott <i>et al.</i></b> <i>Developing a tool to measure social well-being in the context of social prescribing, UK</i></p>
15:00-15:30 Refreshments, networking & visit exhibitors	
15:30-17:00 Social Prescribing Network Awards Join us to celebrate some fantastic social prescribing projects	

## Day 2 Friday 5<sup>th</sup> March 2021

**08:45-09:25 Connect with a cuppa - try out our networking lounge, see who is there, catch up on news with friends and your own drink**

### Session 1 9:30-10:30

#### Collaborative leadership panel session

09:30 - 10:30  
 Ian McCreath Policy Advisor Alzheimers Society  
 Nic Gitsham, Head of Social Prescribing, NHS England and NHS Improvement  
 James Sanderson, CEO, National Academy for Social Prescribing  
 Andy Begley, Chief Executive, Shropshire Council

**10:30-11:00 Refreshments, networking & visit exhibitors**

### Session 2 11:00-12:00

#### Concurrent sessions (running in parallel)

**There are 4 sessions to choose from.**

11:00-12:00  
**Session 1: Creative Health and Wellbeing - How can the creative sector and the health sector work together in social prescribing?**  
**Co-Chairs - Victoria Hume (Culture Health and Wellbeing Alliance) and Prof Helen Chatterjee (UCL)**  
 Arts Council England – Overview of support to practitioners  
 Deborah Munt, Arts Derbyshire  
 Will Nicholson, SCHWP  
 Kiz Bangerh, Hip Hop HEALS  
 Veronica Franklin-Gould – Brain health: social prescribing for peri-diagnostic practice for dementia

11:00  
**Sessions 2: Social prescribing and employment - This session will highlight social prescribing schemes that are supporting people into employment, including the NEET group.**  
**Chair - Dr Marcello Bertotti**  
 Sonia Dias, Portugal  
 John Bell, Sussex Community Development Association  
 Jessica Bartindale, Let's Get Working  
 Jayne Garner Greater Manchester Working Well, Work and Health Programme  
 Dr Karen Sankey, Hillcrest Medical Centre, Wrexham

11:00  
**Session 3: Social prescribing in a digital world. This session will show how social prescribing is making use of digital solutions, the issues this creates, and solutions being generated**  
**Chair - David Robinson**  
 Muir Gray, Chair of NHS Health and Social Care Digital Service  
 Rachel Hatfield, National programme manager - GPN and clinician action learning sets  
 Martin Cattermole – How can the social prescribing observatory help us understand who is using social prescribing in England?

11:00  
**Session 4: Seed and community. This session will look at the role of the natural environment in social prescribing**  
**Co-Chairs - Dr Richard Kimberlee and Dr Michelle Howarth**

	<p>Jules Ford, Senior Social Prescribing Lead, NHS England &amp; NHS Improvement – Overview of the new Green Social Prescribing – a partnership programme</p> <p>Sir Tim Smit, Co-Founder of the Eden Project</p> <p>Prof Gill Litt, University of Colorado</p> <p>Prof Alistair Griffiths - Royal Horticultural Society</p> <p>Prof Jules Pretty - University of Essex</p>
<b>12:15-12:45 Virtual tours</b>	
12:15-12:45	<p><b>In this session we will premier some videos of three involved in Social Prescribing in Greater Manchester (since we can't physically visit sites!). It will be followed by a Q&amp;A</b></p> <p><b>Session Host: Giles Wilmore</b></p> <p><b>Manchester Be Well</b></p> <p><b>Salford Wellbeing Matters</b></p> <p><b>Stockport Viaduct Care</b></p>
<b>12:45-13:45 Lunch, networking, visit exhibitors &amp; poster presentations</b>	
<b>Session 3 14:00-16:00</b> <b>Keynote &amp; plenary</b>	
13:45 - 14:25	<p><b>Plenary Keynote Dr Kate Mulligan</b>, Assistant Professor, Dalla Lana School of Public Health, University of Toronto. Winner of the Best International Social Prescribing Scheme 2018.</p>
<b>14.25-14:35 Short break</b>	
14.35-15.40	<p><b>Plenary: Sustaining and growing the International Social Prescribing movement.</b></p> <p><b>This session will see how the international social prescribing movement is developing and look ahead to the role of social prescribing in the future.</b></p> <p><b>Co-Chairs - Alyson McGregor and Jan Joost Meijs</b></p> <p><b>Presentation 1. Sarah Robens and Dr Bogdan Chiva-Giurca</b> <i>"What does a future enhanced model of Social Prescription look like?"</i> <b>UK</b></p> <p><b>Presentation 2. Orla Walsh</b> <i>"Taking Social Prescribing forward in the Republic of Ireland"</i> <b>ROI</b></p> <p><b>Presentation 3. Dan Morse</b> <i>"Getting started in the United States"</i> <b>USA</b></p> <p><b>Presentation 4. Dr Cristiano Figueiredo</b> <i>"The Development of Social Prescribing in Portugal"</i> <b>Portugal</b></p> <p><b>Presentation 5. Yi Wen Shao</b> <i>"Social Prescribing in the Pacific region"</i> <b>World Health Organisation</b></p> <p><b>Presentation 6. Sir Tim Smit, Co-Founder of the Eden Project</b> <i>Social Prescription – bringing care, compassion and hope to the world"</i> <b>UK</b></p> <p><b>Q&amp;A</b></p>
15.40-15:50	<p>Interactive session for delegates, led Dr Dennie Wolf, Carnegie Hall, New York</p>
15:50-16:00	<p>Conference summing up and close</p> <p>Dr. Marie Polley, Co-chair Social Prescribing Network</p> <p>Dr. Michael Dixon, Co-chair Social Prescribing Network</p>
<b>16:00-17:00</b>	

**Attendees can use the networking lounge or visit exhibitors. Attendees can also request meetings with each other 1:1 via the interactive platform. Exhibitors may want to run a short webinar.**

**17:00 Official close**

With thanks to our conference supporters: College of Medicine, NHS England & NHS Improvement, National Academy for Social Prescribing, Share and Care Homeshare & University of Salford



and exhibitors Social Prescribing Youth Network, Parents 1<sup>st</sup>, Barnardo's & Meaningful Measures.

